

Youth Life

Growing from a child to an adult is one of the most exciting times of life. It includes increased freedom and exploration of new thoughts and actions. Meeting new people and gaining more freedom opens the door to the true diversity of the world. Every day, youth confront social and cultural expectations that challenge Bahá'í values. Sometimes, though, confronting these pressures can feel overwhelming and stressful rather than empowering and liberating.

Bahá'í Faith

You are not alone in this exciting, challenging period of your life. Bahá'ís around the country are experiencing similar transitions, and many have already grown through this stage of life. The Illumine website shows how Bahá'í principles can assist with the transition to adulthood and shares the knowledge and experience from other Bahá'ís. The illumine.org website can help guide you through life's twists and turns.

1. Personal stories show how other Bahá'í youth grew through their teens.
2. Book and movie recommendations are entertaining and informative.
3. Resources provide ways to take action in your life.

illumine.org

Guided by Unity

Bahá'ís believe in eliminating racism, sexism, and all forms of prejudice. We should celebrate differences between people, not see them as reasons for hatred. Bahá'u'lláh states that **“It behoveth man to adhere tenaciously unto that which will promote fellowship, kindness and unity.”**

The United States has more diversity and individual freedoms than most countries. However, even with laws intended to create a fair society, prejudices persist. When one group does not have equal freedom, they cannot contribute their unique perspective and talents to the broader community. This restriction limits everyone's growth and progress. Bahá'ís are not immune to prejudice. If we sense the seeds of prejudice in ourselves, we must challenge them and not let them grow.

Faith Leads to Cooperation

Religious intolerance is one of the most destructive types of prejudice and has caused many wars and conflicts that continue today. 'Abdu'l-Bahá mentions religion first when he says **“Prejudices of all kinds—whether religious, racial, patriotic or political—are destructive of divine foundations in man. All the warfare and bloodshed in human history have been the outcome of prejudice.”**

The Bahá'í principle of progressive revelation means that religions no longer compete with each other.

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Youth Life +
Bahá'í Faith



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Prejudice

Accepting
differences
allows growth
for all

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The official Baha'i website is: bahai.org.

“Consort with all the peoples, kindreds and religions of
the world with the utmost truthfulness, uprightness,
faithfulness, kindness, good-will and friendliness.”

‘Abdu’l-Bahá